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NATURAL HEALING EXPERIENCE

Surrender yourself to the nature and healing hands of Mangala Spa therapists. Mangala Spa's menu offers a cosy list of dedicated packages to rejuvenate and recharge your mind, body, and soul.

Nature's Sanctuary

The Traditional Holistic

The Traditional package is a holistic traditional beauty treatment inspired by the royal family, that has been practiced and passed down for generations. Each treatment contains aromatic botanical and herbs that cleanse, exfoliate, re-energize, and revitalize your complexion.

JOURNEY :

Foot Bath Ceremony | Rainforest Body Exfoliation
Bebunga Milk Bath | Urut Melayu

3 hours
RM 899

Putra Putri (Couple Package)

Designed for couples to purify their inner and outer selves, celebrating indulgent pampering moments together. The treatment begins with a foot bath ceremony followed by your selection of exfoliating body scrub to soothe the body, the treatment continues with a warm and romantic rose petal bath.

JOURNEY :

Foot Bath Ceremony | Selected Body Exfoliation
Flowers Bubble Bath with Coconut / Fruit Plater
Escape Massage

2 hr 30 m
RM 1399

Tungku Herbal Massage

A combination of selected traditional herbal spices steamed in pouches containing Bentong Ginger, Galangal, Pepper, Cloves, Cinnamon, and wrapped with heated Stones applied with richly infused massage oil to ease the body, loosen muscles, alleviate pain, as well as relaxing and toning the body.

90 mins
RM 519

Indigenous Massage

Escape Massage

(Signature Massage)

This classic body massage uses a combination of stretching, long strokes, skin rolling, thumb and palm pressure techniques. It is ideal for those who want to ease muscle tension, reduce stiffness, and increase joint flexibility.

60 mins
RM 399
90 mins
RM 499

Urutan Malaysia

A unique massage inspired by Malaysia's diverse cultural heritage. It blends Qi Gong breathing, Indian head massage, traditional Malay and indigenous techniques - with deep palm pressure to ease muscle tension and restore balance.

60 mins
RM 399
90 mins
RM 499

- Improves breathing
- Boosts circulation
- Relieves muscle and joint tension
- Reduces stress and anxiety
- Balance body flows energy

Lomi Lomi Massage

Asian massage techniques, performed by our experienced therapists who will use their specially warmed hands and arms to give long deep strokes massage to relax your muscle tension and to promote blood circulation throughout your body.

60 mins
RM 399
90 mins
RM 499

Back, Head and Shoulder Massage

A classic massage designed to soothe muscles, allowing the therapist to focus on the upper body areas to release muscle tension due to daily stress. This improves circulation, relieve headaches and upper back discomfort.

30 mins
RM 299
60 mins
RM 399

Urutan Tapak Kaki (Foot Reflexology)

Foot reflexology is a treatment that has been practiced for centuries based on the ancient art of stimulating reflex points on the feet to restore the flow of energy throughout the body.

30 mins
RM 299
60 mins
RM 399

Head Massage

Head Massage is also known as champossage where there is a treatment that focusses on massaging acupressure points along the head, neck and shoulders.

30 mins
RM 299

- Improve sleep quality
- Relieve headaches and migraines
- Promote hair growth
- Reduce stress and promote relaxation

Essential Indulgence Facial

Aromatherapy Essence Facial

Revitalizing aromatherapy facial with purifying French clay, plant nutrients, and antioxidants that gently restore and balance the skin. Pure plant essences tailored to your skin type enhance elimination and regeneration to ensure the skin is always smooth, supple, and glowing with health.

60 mins
RM 399

Deep Cleansing Purifying Facial

Choice of botanicals formulated for congested skin combined with sea minerals and potent clays rich in micronutrients and trace elements work in synergy to cleanse, detox, and restore the skin's natural balance. For the best results, a series of treatments are recommended to maintain healthy and glowing skin.

60 mins
RM 399

Men Refreshing Facial

Cleansing, clarifying and boosting energy will be enhanced and customized to the male skin, making you look fresh all day.

60 mins
RM 299

This treatment helps remove impurities, reduce excess oil, and hydrate the skin - leaving your face feeling revitalized, smooth, and healthy-looking.

Body Scrubs

Juniper Salt Body Scrub

Juniper Salt Scrub is the best perfect detox experience. Tones and revitalizes the skin leaving it refined and lightly moisturized. Contains stimulating and reviving pure essential oils of Juniper berry, Cypress, Grapefruit, Eucalyptus, Rosemary and Bergamot.

60 mins
RM 299

Rainforest Body Scrub

The well – known Malay Royal Healer beauty ritual will soften, refine, and revitalize your skin texture, leaving it smooth and silky with a healthy glow. Turmeric is believed to be antiseptic and anti-ageing while ylang ylang deodorizes and brings a new sense of balance and harmony to the mind.

60 mins
RM 299

Glow Coffee Body Scrub

Designed for dry skin. This antioxidant body scrub helps to reduce appearance of cellulite and balances skin tones. It also encourages the growth of new skin cells, leaving your skin revitalized and glowing.

60 mins
RM 299

Bath

Herbal Infused Bath

Uplift the senses with this antioxidant bath enriched with herbs such as ginger, citronella, kaffir lime, pandan leaves, and kaffir lime leaves. These herbs are rich in Vitamin C and nutrients, which will brighten dull skin.

30 mins
RM 199

Bebunga Milk Bath

A romantic bath ritual that combines rose petals and milk to leave your skin feeling smooth and silky. Aromatic rose essence will calm your body and mind.

30 mins
RM 299

Himalayan Mineral Bath

Infused with Himalayan crystal salt and warm water to promote a deeply relaxing and calming experience. It also helps to ease pain, melt away stress and improve skin hydration.

30 mins
RM 199

In-Villa Bath

A therapist will deliver a basket of bath amenities directly to your private villa. Draw the bath at your own convenience and get ready to pamper yourself.

30 mins
RM 299

Spa Refreshment

Signature Tea

This detoxifying tea helps to improve your digestion system, promote weight loss, maintain blood pressure, and is good for the skin and eyes.

Ginger, Lemongrass, Pandan Leaves and Palm Sugar

Revive Roselle

Enjoy this antioxidant tea that will enhance your immune system, reduce or slow aging, prevent anemia and help you to feel relaxed.

Roselle, Pandan Leaves and Honey

Jamu

Jamu is known for its anti-inflammatory properties, high antioxidant content, natural detoxification of the liver and kidneys, and its ability to strengthen the immune system.

Turmeric, Ginger, Tamarind and Palm Sugar

Refreshing Tea

This refreshing tea helps to cool down the body, lower cholesterol, relieve anxiety and boost oral health.

Lemongrass, Lime Fruit, Black Tea and Honey

Spa Etiquette

Booking

To ensure that we reserve your appointment at your preferred time, please make reservations in advance through the spa extension via your villa phone, or visit us at Mangala Spa. Outside of operating hours, you may contact the front desk.

Cancellations

If you wish to cancel your booking, kindly inform us 4 hours before, to avoid 50% cancellation charges. Changes in the treatment date and time will depend on the availability of slots at the spa. No show will incur a 100% charge.

Arrival

We recommend that you check in at spa reception 15 minutes prior to your reserved appointment in order to complete your lifestyle consultation form and take time to relax in the tranquil surroundings of our spa before your treatment. If you are running late, we will endeavor to complete your treatment in full. However, please note that the treatment may be shortened to accommodate the next booking.

Ambience

Our spa environment is a sanctuary of peace and harmony. To preserve a tranquil spa environment, we respectfully request that you leave all mobile phones and electronic devices switched off and we ask that you refrain from talking loudly.

Valuables

We advise you not to bring or wear valuables whilst using our spa facilities. While we endeavor to take care of your belongings, we do not assume liability for any loss of or damage to personal articles.

What to Wear

We provide a sarong, robe and pair of slippers, plus any items you need for your reserved treatment at Mangala Spa.

For your comfort, disposable undergarments are provided before the start of your treatment. Our therapists are highly trained in proper draping procedures for your complete privacy.

After Your Treatment

It is important to drink a lot of water before and after your treatment. We recommend that you do not sunbathe after any massage or body treatment.

Special Consultations

Most treatments can be adapted to accommodate illness, injury or pregnancy. Please communicate health matters or any health-related concerns you may have, when making your reservation.

Operation Hours

Sunday - Thursday 10 am to 7 pm
Friday & Saturday 10 am to 8 pm

Note:

Please book your session in advance to ensure that your preferred time and service is available.